# Symplectic geometry

lecture 11: Proof of Gromov's Non-Squeezing Theorem (again)

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## **Almost complex structures**

**DEFINITION:** Let *M* be a smooth manifold. An **almost complex structure** is an operator  $I: TM \longrightarrow TM$  which satisfies  $I^2 = -\operatorname{Id}_{TM}$ .

**DEFINITION:** Let  $(M, \omega)$  be a symplectic manifold, and I an almost complex structure. We say that I is compatible with the symplectic structure if  $g(x,y) := \omega(Ix,y)$  for some Riemannian form g. In that case, g is called compatible with I as well.

**LEMMA 1:** Let  $(M, \omega)$  be a symplectic manifold, and  $(B_r, \sum dx_i \wedge dy_i) \hookrightarrow$  $(M, \omega)$  a symplectic embedding. Then for any  $\varepsilon > 0$  there exists an almost complex structure I on  $(M, \omega)$  compatible with  $\omega$  and equal to the standard complex structure on  $B_{r-\varepsilon} \subset B_r$ .

**Proof:** Let  $g_1$  be any Riemannian metric on M, compatible with  $\omega$  and  $g_0$  the standard Riemannian metric on  $B_r$ . Denote by  $\lambda \in C^{\infty}M$  the cut-off function vanishing outside of  $B_r$  and equal to 1 on  $B_{r-\varepsilon}$ . Then  $\tilde{g} := \lambda g_0 + (1 - \lambda)g_1$  is equal to  $g_0$  on  $B_{r-\varepsilon}$  and  $g_1$  outside of  $B_r$ . This form is compatible with  $\omega$  in  $B_{r-\varepsilon}$  and  $M \setminus B_r$ . To make it compatible with  $\Omega$  everywhere, we use the argument from Theorem 1 in Lecture 9: produce a symmetric matrix  $B_1 = e^{-\frac{1}{2}\log(-A^2)}$ , where  $A := g^{-1}\omega$ , and  $g(\cdot, \cdot) := \tilde{g}(B_1 \cdot, \cdot)$  is a metric compatible with  $\omega$ . This gives an almost complex structure  $I := \omega^{-1}g$ , equal to the standard one on  $B_{r-\varepsilon} \subset M$  because  $B_1 = \operatorname{Id}$  on  $B_{r-\varepsilon}$ .

### Symplectic capacity and the pseudoholomorphic curves

**THEOREM 2:** Let  $M = \mathbb{C}P^1 \times T^{2n}$  be the product of  $\mathbb{C}P^1$  and a torus, equipped with the standard symplectic structure, and J a compatible almost complex structure. Then for any  $x \in M$  there exists a pseudo-holomorphic curve S homologous to  $\mathbb{C}P^1 \times \{m\}$  and passing through x.

This theorem implies Gromov's non-squeezing theorem.

**THEOREM: (Gromov) Symplectic capacity of a symplectic cylinder** Cyl<sub>1</sub> is equal to  $\pi$ .

Scheme of the proof: We map  $Cyl_1 = B_1^2 \times \mathbb{R}^{2n-2}$  to  $M = \mathbb{C}P^1 \times T^{2n-2}$ in such a way that the disk  $B_1^2$  is bijectively mapped to  $\mathbb{C}P^1 \setminus \infty$ , and  $\mathbb{R}^{2n-2}$ is mapped to  $\mathbb{R}^{2n-2}/\mathbb{Z}^{2n-2} = T^{2n-2}$ . Then we show that the volume of an intersection of a symplectic ball  $B_r \subset Cyl_1$  and a pseudoholomorphic curve passing through  $0 \in B_r$  is  $\geq \pi r^2$ , which is impossible when r > 1 and the curve is obtained from the Gromov's family obtained in Theorem 2, because all these curves have volume  $\pi$ .

## **Proof of Gromov's theorem**

## THEOREM: (Gromov)

Symplectic capacity of a symplectic cylinder  $\mathsf{Cyl}_1$  is equal to  $\pi.$ 

**Proof.** Step 1: Let  $f_1 : B_r \longrightarrow \operatorname{Cyl}_1$  be a symplectic embedding, r > 1, and I the usual (flat) almost complex structure on  $B_r \subset \mathbb{C}^{n+1}$ . Consider the manifold  $M = \mathbb{C}P^1 \times T^{2n}$ , equipped with the standard symplectic structure, and let  $f_2 : \operatorname{Cyl}_1 \longrightarrow \mathbb{C}P^1 \times T^{2n}$  be a symplectic map taking  $\operatorname{Cyl}_1 = \Delta \times \mathbb{R}^{2n}$  to  $\mathbb{C}P^1 \times T^{2n}$  applying the  $\mathbb{Z}^{2n}$  quotient on the second argument and the natural symplectomorphism  $\Delta \xrightarrow{\sim} \mathbb{C}P^1 \setminus \infty$  on the first argument.

**Step 2:** Choose the lattice  $\mathbb{Z}^{2n} \subset \mathbb{R}^{2n}$  in such a way that its fundamental domain contains  $f_1(B_r)$ . Then the composition  $f_1 \circ f_2$  gives a symplectic embedding  $B_r \longrightarrow M = \mathbb{C}P^1 \times T^{2n}$ .

We obtained that Gromov's non-squeezing theorem is deduced from the following result.

## **Proof of Gromov's theorem (2)**

**THEOREM:** Let  $M = \mathbb{C}P^1 \times T^{2n}$  be equipped with the standard symplectic form, with the symplectic volume of  $\mathbb{C}P^1$  equal to  $\pi$ , and  $\varphi : B_r \longrightarrow M$  a symplectic embedding. Then  $r \leq 1$ .

**Proof.** Step 1: Choose a flat complex structure and the flat Hermitian metric on  $B_r$ . Denote by  $g_0$  the corresponding Hermitian metric on  $\varphi(B_r)$ . Then  $g_0$  can be extended to a Riemannian metric  $g_1$  on M such that  $g_0 = g_1$  in a ball  $\varphi(B_{r-\varepsilon})$ , for some  $\varepsilon$  such that  $r - \varepsilon > 1$ . Lemma 1 gives a metric g compatible with the symplectic structure on M and coinciding with  $g_0$  in a ball  $\varphi(B_{r-\varepsilon})$ . Replacing  $B_r$  by  $B_{r-\varepsilon}$ , we can add to the assumptions of the theorem the following assumption.

There exists a compatible almost complex structure such that uts restriction to  $\varphi(B_r)$  is equal to the standard complex structure on  $B_r \subset \mathbb{C}^{n+1}$ .

## **Proof of Gromov's theorem (3)**

**THEOREM:** Let  $M = \mathbb{C}P^1 \times T^{2n}$  equipped with the standard symplectic form, with the symplectic volume of  $\mathbb{C}P^1$  equal to  $\pi$ , and  $\varphi : B_r \longrightarrow M$  a symplectic embedding. Assume that there exists a compatible almost complex structure such that its restriction to  $\varphi(B_r)$  is equal to the standard complex structure on  $B_r \subset \mathbb{C}^{n+1}$ . Then  $r \leq 1$ .

**Step 2:** Let  $x \in M$  be the image of the center of  $B_r$ , and  $S \subset M$  the pseudo-holomorphic curve which passes through x by Theorem 2. Then  $\pi = \int_S \omega_M \ge \int_{\varphi^{-1}(S)} \omega$ , where  $\omega_M$  is the symplectic form on M, and  $\omega$  the symplectic form on  $B_r$ . Since S is pseudo-holomorphic,  $\int_{\varphi^{-1}(S)} \omega_{B_r}$  is the Riemannian volume of its intersection with  $\varphi(B_r)$ .

**Step 3:** We obtained a complex curve  $D := \varphi^{-1}(S)$  passing through 0 in a ball  $B_r$  with flat Riemannian metric and the standard complex structure, with the Riemannian volume  $Vol(D) \leq \pi$ . Applying the homothety, we obtain a properly embedded complex disk in the ball B of radius 1, passing through 0 and with area  $r^{-1}\pi$ . For any r > 1, this is impossible, as follows from the following statement, proven later today.

**PROPOSITION 1:** Let  $D \subset B_1$  be a closed complex disk in a unit ball  $B_1 \subset \mathbb{C}^n$ , with  $0 \in D$ . Then  $Vol(D) \ge \pi$ .

## Monotonicity formula (1)

**PROPOSITION:** Let  $D \subset B_1$  be a complex curve (that is, a closed 1-dimensional complex subvariety) in a unit ball  $B_1 \subset \mathbb{C}^n$ , with  $0 \in D$ . Then  $Vol(D) \ge \pi$ .

We deduce it from the **monotonicity formula**.

## LEMMA: (monotonicity formula)

Let  $(B, \omega)$  be the unit ball  $B_1(0) \subset \mathbb{R}^{2n}$  equipped with the standard symplectic form  $\omega$  and the almost complex structure J, and  $\Delta \subset B$  a J-holomorphic Riemann surface submanifold passing through 0. We assume that  $\Delta$  is immersed to B with its boundary in such a way that  $\partial \Delta$  is mapped to  $\partial B$ . Let  $\Delta_t$  be the intersection of  $\Delta$  with a ball  $B_t(0)$  of radius t. Then the function  $t \longrightarrow t^{-2} \operatorname{Vol}(\Delta_t)$  is non-decreasing.

Clearly,  $\lim_{t\to 0} \text{Vol}(\Delta_t) = \pi t^2$  (on a very small scale, any smooth disk is flat). **Then the monotonicity lemma gives**  $\text{Vol} \Delta \ge \pi$ . This proves Proposition 1.

## Monotonicity formula (2)

## LEMMA: (monotonicity formula)

Let  $(B, \omega)$  be the unit ball  $B_1(0) \subset \mathbb{R}^{2n}$  equipped with the standard symplectic form  $\omega$  and the almost complex structure J, and  $\Delta \subset B$  a J-holomorphic Riemann surface submanifold passing through 0. We assume that  $\Delta$  is immersed to B with its boundary in such a way that  $\partial \Delta$  is mapped to  $\partial B$ . Let  $\Delta_t$  be the intersection of  $\Delta$  with a ball  $B_t(0)$  of radius t. Then the function  $t \longrightarrow t^{-2} \operatorname{Vol}(\Delta_t)$  is non-decreasing.

**Proof.** Step 1: Let  $C(\partial \Delta) \subset B$  be the 3-dimensional cone obtained as a union of all intervals connecting 0 and points of  $\partial \Delta \subset \partial B$ . Then

$$\operatorname{Vol} C(\partial \Delta) \geq \int_{C(\partial \Delta)} \omega = \int_{\Delta} \omega = \operatorname{Vol} \Delta.$$

The first equality follows from the Stokes' theorem, because  $\partial \Delta = \partial C(\partial \Delta)$ , and the first inequality holds because  $\omega$  is a calibration.

**Step 2:** The formula for the cone volume gives  $\operatorname{Vol} C(\partial \Delta) = \frac{1}{2}l(\partial \Delta)$ , where  $l(\partial \Delta)$  is the area of the boundary  $\partial \Delta$ . This implies  $\operatorname{Vol} \Delta \leq \frac{1}{2}l(\partial \Delta)$ .

## Monotonicity formula (3)

## LEMMA: (monotonicity formula)

Let  $(B, \omega)$  be the unit ball  $B_1(0) \subset \mathbb{R}^{2n}$  equipped with the standard symplectic form  $\omega$  and the almost complex structure J,  $\Delta \subset B$  a J-holomorphic Riemann surface submanifold passing through 0. We assume that  $\Delta$  is immersed to B with its boundary in such a way that  $\partial \Delta$  is mapped to  $\partial B$ . Let  $\Delta_t$  be the intersection of  $\Delta$  with a ball  $B_t(0)$  of radius t. Then the function  $t \longrightarrow t^{-2} \operatorname{Vol}(\Delta_t)$  is non-decreasing.

# **Step 2:** We have obtained Vol $\Delta \leq \frac{1}{2}l(\partial \Delta)$ .

**Step 3:** The same argument applied to  $\Delta_t$  gives  $t^{-2} \operatorname{Vol} \Delta_t \leq \frac{1}{2t} l(\partial \Delta_t)$ . (homothety maps the 2-dimensional Riemann volume  $\mu$  to  $t^2 \mu$ ). On the other hand,  $\frac{d}{dt} \operatorname{Vol} \Delta_t \geq l(\partial \Delta_t)$ , because the volume of the strip of  $\Delta$  between  $\partial \Delta_t$  and  $\partial \Delta_{t+\varepsilon}$  is bounded by  $\varepsilon l(\partial \Delta_{t+\varepsilon})$ . This gives

$$\operatorname{Vol}\Delta_t \leqslant rac{t}{2}l(\partial\Delta_t) \leqslant rac{t}{2}rac{d}{dt}\operatorname{Vol}\Delta_t.$$

**Step 4:** Let  $f(t) := \text{Vol} \Delta_t$ . The last formula of Step 3 gives  $f(t) \leq \frac{t}{2}f'(t)$ , hence

$$\frac{d}{dt}t^{-2}f(t) = t^{-2}f'(t) - 2t^{-3}f(t) \ge t^{-2}f'(t) - t^{-2}f'(t) = 0.$$